

Diabetes – Jerry Stackhouse  
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MDCH

Jerry: Hi. I'm Jerry Stackhouse of the Detroit Pistons. Have you ever been in a supermarket and looked up at a sign above the aisle and you couldn't read it because it was so blurred? Ever had a cut – even a small one – that took way too long to heal? Are you always thirsty? Are you over 45 years old and overweight? Do you have high blood pressure or high cholesterol? If you have any of these risk factors or symptoms, you could have diabetes. This is serious, because diabetes can kill you. Two of my sisters died of diabetes, and they were only in their 40s. My parents have it, too. If you think you're at risk, you need to check it out. As many as 50 percent of people who have diabetes don't even know it yet. And they're the ones who are really at risk. Call 1-800-353-8227 for a free brochure about diabetes. Talk with your doctor about a simple blood test that can tell you for sure. That's 1-800-353-8227. It's a free call. A message from the Michigan Department of Community Health and the Michigan Association of Broadcasters.

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